

# "BACK ON TRACK With My Night"

## January 22, 2023

If you are worshipping with us online, to determine your "Next Steps," print off & complete the form below. Then, if you wish to connect with us, you can mail your completed connection card to:

**Seymour Lake UMC**  
**3100 S. Sashabaw Rd.**  
**Oxford, MI 48371**

Back on TrackCONNECTION CARD

Dr. / Mr. / Mrs. / Miss / Ms.

Name: \_\_\_\_\_  Change in contact information

Email (please print): \_\_\_\_\_

- 1st time guest
- 2nd time guest
- Regular Attender
- Member

Address \_\_\_\_\_ Apt. \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Best Contact Phone (\_\_\_\_\_) \_\_\_\_\_ Birthday (mm/dd) \_\_\_\_\_

Occupation \_\_\_\_\_

How did you hear about Seymour Lake UMC? \_\_\_\_\_  
(Name of person who invited you, postcard, mailer, newspaper, etc.)

- MY NEXT STEP TODAY IS TO...
- Memorize Psalm 4:8.
  - Turn my attention to God every evening.
  - Begin planning my next day at the end of my work day.
  - Be more intentional about being grateful about the blessings in my life.
  - Work on creating a more healthy evening routine.

Prayer Request: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

- SEND ME INFO ABOUT...
- Becoming a follower of Jesus
  - Baptism
  - Membership Class
  - Connect Groups at Seymour Lake
  - Growth Groups at Seymour Lake
  - Automating my Giving
  - GriefShare
  - Add me to the Newsletter list
  - Add me to the Prayer Chain
  - Helping with the children's ministry
  - Being a part of the Worship Team

Prayer request is for Pastor Todd only