

The ancient process of Lectio Divina: Moving the Word of God from our head to our heart.

- 1) Choose a passage of Scripture that is relatively short-typically no more than 10 verses.
- 2) Read the passage through slowly, three times, out loud if you can.
- 3) Pay attention. Let the words wash over you. Ask: what words jump out at me? What words cause an emotional reaction in me? What is God trying to speak to me through these words?

\*Join us next Sunday, March 26th as we continue our Lent series Jesus in the Wild: Be Strong Through the Struggle.

### MY NEXT STEP TODAY IS TO...

- Consider if I am living more for the Kingdom of God and the law of love or the Kingdom of Satan and the law of self.
- Commit to the spiritual discipline of memorizing Scripture.
- Commit to the spiritual discipline of Lectio Divina.
- Ask the Holy Spirit to reveal any areas of current temptation.

*\*All verses are from the New International Version (NIV) unless otherwise noted.*

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# Jesus in the Wild

The Living Water Church @ Seymour Lake  
March 19, 2023  
Laura Messamore

*“Jesus answered: ‘It is written: man shall not live on bread alone.’”*

*“Jesus answered: ‘It is written: Worship the Lord your God and serve him only’”*

*“Jesus answered, ‘It is said: Do not put the Lord your God to the test.’”*

- Luke 4:4, 8 & 12

Our greatest resource for surviving the wilderness and its temptations is the power of the phrase, “It is written”.

Jesus is anchored in both the \_\_\_\_\_ of God and the \_\_\_\_\_ of God in his resistance to Satan’s temptations.

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This face-off between Jesus and Satan in the wilderness is a face-off between two Kingdoms: The Kingdom of \_\_\_\_\_ and the Kingdom of this \_\_\_\_\_. The first operates on the law of \_\_\_\_\_ and the other operates on the law of \_\_\_\_\_.

**First, “It is written” reminds us that God \_\_\_\_\_.**

*“You must love the Lord your God with all your heart, and all your soul and all your mind. This is the first and greatest commandment. A second is equally important; love you neighbor as yourself. The entire law and all the demands of the prophets are based on these two commandments.”*  
- Matthew 22: 37-40

In the first temptation, Satan wants Jesus to misuse his \_\_\_\_\_.

Ask yourself, where are you giving in to lesser loves when you could be pursuing your heart’s first love?

**Second, “It is written” means that a \_\_\_\_\_ has already been made.**

In the second temptation, Satan tempts Jesus to misuse his \_\_\_\_\_ as the rightful heir of God’s kingdom and skip over the suffering.

Now consider for yourself, have you been tempted with a short cut?

**Lastly, “It is written” means our \_\_\_\_\_ has been settled.**

In the final temptation, Satan is tempting Jesus to misuse his \_\_\_\_\_.

Now consider, do you know where your allegiance lies?